



RULES DANCE STARS NETHERLANDS AND BELGIUM 2023-2024

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1. Competition Format

SCHEDULE

	REGULAR SOLO	REGULAR DUO/TRIO	TEAM	SHOWCASE SOLO	SHOWCASE DUO/TRIO	FREESTYLE ROUND
U10 (t/m 9 Years)	BEGINNER	BEGINNER	BEGINNER	BEGINNER	BEGINNER	
	NOVICE	NOVICE	NOVICE	NOVICE	NOVICE	
	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	
	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
U13 (t/m 12 Years)	BEGINNER	BEGINNER	BEGINNER	BEGINNER	BEGINNER	ALL LEVELS
	NOVICE	NOVICE	NOVICE	NOVICE	NOVICE	
	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	
	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
U15 (t/m 14 Years)	BEGINNER	BEGINNER	BEGINNER	BEGINNER	BEGINNER	
	NOVICE	NOVICE	NOVICE	NOVICE	NOVICE	
	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	
	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
U18 (t/m 17 Years)	BEGINNER	BEGINNER	BEGINNER	BEGINNER	BEGINNER	
	NOVICE	NOVICE	NOVICE	NOVICE	NOVICE	
	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	
	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
O18 (18 Years and +)	BEGINNER	BEGINNER	BEGINNER	BEGINNER	BEGINNER	
	NOVICE	NOVICE	NOVICE	NOVICE	NOVICE	
	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	INTERMEDIATE	
	ADVANCED	ADVANCED	ADVANCED	ADVANCED	ADVANCED	
Parent Team (25+)			OPEN			
U16						ALL LEVELS
O16						ALL LEVELS

CLASSIFICATION BY STYLE

- ✓ Classical Ballet
- ✓ Modern Contemporary
- ✓ Open categorie: Jazz, Showdance, Musical, Cheerdance, Tap, Belly Dance, Disco, Folklore, Commercial etc.
- ✓ Classical Ballet

* Dance Stars reserves the right to merge categories both by age and dance style.

** As of season 2023-2024, no predominant street dance/hip hop choreography may be danced at Dance Stars. The competition management reserves the right to determine whether choreography will be allowed to compete.

LEVELS

Beginner: This category is for the true beginner.

Novice: This category is for the better beginner.

Intermediate: This category is for the skilled dancer.

Advanced: This category is for the advanced dancer.



Merges

With few or many entries, divisions may be merged or broken up by style, level or age.

AGE RULE

The age used to calculate for Solo, Duo and Team is August 31, 2024.

For Example:

If you turn 13 on August 31, 2024, then your age to count with during all competitions in the 2023/2024 season (so you dance solo U15).

However, if you do not turn 13 until September 1, 2024, then you may dance solo U13.

Dance Stars reserves the right to verify participant enrollment by age and category through ID verification.

TEAM

All team compositions in terms of age are possible. The age group in which the team will dance is determined according to the following rules.

1. Age determination according to the age rule (see previous page).
2. The oldest dancers determine the age category. This with the 25% rule.

Below are 2 examples to clarify this rule.

Example 1

Suppose you have a team of 10 dancers:

12y,13y,15y,17y,18y,19y,20y,13y,14y,11y. To determine which category they should dance in, you look at the oldest dancers (18y,19y,20y) -> more than 25% of the dancers are older than 18y so this team dances in O18.



Example 2

Suppose you have a team of 10 dancers:

14y,15y,16y,18y,19y,14y,15y,16y,17y,15y.

To determine in which category they should dance, you look at the oldest dancers (18y,19y) -> less than 25% of the dancers are older than 18y so this team should dance in U18

You must have a **minimum of 4** dancers to form a team.

For teams, each dancer may only dance on 1 team per dance style.

DUO/TRIO

The oldest dancer determines the age category.

For duo/trio, you may only dance in 1 regular duo/trio and showcase duo/trio per dance style.

SOLO

According to the age rule.

In solo, a dance instructor may not enroll in Beginners or Novice level.

For solos, you may only dance in 1 regular solo and 1 showcase solo per dance style.

**** PLEASE NOTE: A dancer may dance a maximum of 2 showcases. This means:**

- Either: 1 solo showcase and 1 duo showcase. This may be in the same style but does not have to be.
- Or: 2 solo showcase. This may NOT be in the same style.



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- Or: 2 duo showcase. This may NOT be in the same style.

COMPETITION

REGULAR SOLO

A regular solo involves several dancers (in heats) dancing on the floor at the same time to an imposed musical number (choreography is up to you).

PRELIM (if required)

- When there are more than 12 applications, a preliminary round(s) can be planned.
- It is not allowed to use diagonals in your choreography. You may not hinder the other dancer. Make sure that your choreography is adapted to the space.
- Duration imposed music piece: approximately 1.30 min.

FINALE

- ➔ These solos dance with up to 5 dancers at a time in the finale, to the imposed **music** number.

SHOWCASE SOLO



- A Showcase solo will have the dance floor completely at their disposal and will dance the rehearsed choreography to their own chosen music.
- Duration of Beginner, Novice, Intermediate, Advanced: max. 2 min.
- You may dance both showcase solo and regular solo.

FREESTYLE ROUND

For the age categories U13, U16 and 016 we organize a freestyle round regardless of the dance style. All dancers from 1 specific age group dance a freestyle round if they register beforehand... We choose the music. You do not know the music beforehand.

FREESTYLE PRELIM

- ➔ When there are more than 4 applications, preliminaries will be scheduled. During the preliminary round(s), several dancers will dance on the floor at the same time in heats of 1 minute to music chosen by us.

FREESTYLE FINALE

- These solos dance with up to 4 dancers at a time in the finale. This involves a freestyle battle by the 4 dancers. The music is chosen by us. Duration: max 1 min.

REGULAR DUO/TRIO

A regular duo/trio involves dancing (in heats) with several dancers on the floor at the same time to an imposed musical number (choreography is up to you).



PRELIM (if required)

- When there are more than 12 applications, a preliminary round(s) can be planned. There will be danced in heats with several dancers on the floor at the same time to an imposed music number (you may determine the choreography yourself).
- It is not allowed to use diagonals in your choreography. You may not hinder the other dancer. Make sure that your choreography is adapted to the space.
- Duration imposed music piece: approximately 1.30 min.

FINALE

- These duos and trios dance with up to 5 duo/trio at a time in the finale, to the imposed music number.

SHOWCASE DUO/TRIO

- A duo/trio will have the dance floor completely at their disposal and will dance the rehearsed choreography to their own chosen music.
- Duration of Beginner, Novice, Intermediate, Advanced: max. 2 minutes.
- You may dance both showcase duo/trio and regular duo/trio.

TEAMS

- A TEAM is given the dance floor completely at their disposal and dances the rehearsed choreography to the music they have chosen.



- The timing starts/stops with the music or the performance.
- Time length of Beginner, Novice, Intermediate, Advanced: max. 3.00 minutes.
- **For teams, each dancer may only dance in 1 team within 1 dance style.**
- During the same season you may change the team composition, but the team may not change more than 50%.
- At the beginning of the season you register your team for a certain age category. If your team composition changes in such a way that the category would change, please contact the tournament management.

2. Registration

The deadline for registration is always mentioned on the site, but as a rule of thumb, this is Wednesday, about 11 days before the competition.

Registration can be done via <http://www.dancestarscompetitions.com>. If this is not possible via the system, registration is done via email. In your mail (info@dancestarscompetitions.com) you process the following data:

- First and last name dancers
- Date of birth dancers
- Level dance
- Dance style

Extra for solo, duo or trio registrations:

- Showcase (own music) or regular (our music) at solo and duo.

Extra for team registrations:

- Name teams



New participants must send a video of their choreography by e-mail at least one month before the competition, so that the competition management can determine the appropriate level.

1. Everyone who participates pays a fixed fee. You can buy this ticket via our e-ticket website/at the box office.

For this the dancer gets:

- **Freestyle Round**
- **Solo Regular**
- **Duo/Trio Regular**
- **Participation Team(s)**

You can buy this ticket via our e-ticket website (www.dance24.nl)

You choose when to buy this

Both teacher/parent and dancer can buy a ticket this way

Registration has to be done by the coach/dance school (not by the parents) through our website otherwise the dancer in question is not registered for the competition.

2. If a dancer would like to participate in another part of the competition, they pay per extra competitor number:

- 5 euro per showcase solo registration
- 5 euro per showcase duo/trio registration (not per person but per duo/trio)

➔ The dance school pays the above in advance through our system, directly upon registration via bancontact or Ideal. If this is not possible, the dance school will receive an invoice.

➔ The Coach/dance school does the registration/enrollment and payment through our website. 1 dance school = 1 invoice

In case of cancellation by the dancer/school in question, no money will be refunded.

SUBMIT MUSIC

- The music must be submitted to us in MP3 format no later than 11 days prior to the competition.
- The MP3 file must contain the name of solo, duo dancers or team name and in which category and contest you are competing:
- Name_Category_competition
- Example compagniejazz_U10beg_Berlicum
- The dancer(s)/team is responsible for good quality music.
- Length of music:
 - Showcase solo and Showcase duo/trio Beginner, Novice, Intermediate, Advanced: max 2 minutes.
 - Team Beginner, Novice, Intermediate, Advanced: max 3.00 minutes.
- De muziek graag aanleveren via onze eigen WeTransfer (<https://dancepromotions.wetransfer.com>)

As a rule of thumb, you have to hand in your music at least 11 days in advance. If we have not received your music by 3 pm on the Wednesday before the competition, this will result in penalty points on your performance!

Always bring a backup to the contest on USB stick. Only 1 music file may be on your USB stick. Please put a sticker with your name on the USB stick.

3. Registration

Please register at least 1 hour before the start of your category at the registration desk, unless otherwise indicated.



After registration everyone can change and then take their place in the hall or stay backstage.

Approximately 15 minutes before the performance you will be called backstage.

A teacher or coach may of course accompany you.

After the performance you may return to the hall.

4. Stage

The stage is 10x10 meters. (unless otherwise specified)

5. EHBO/ First aid

First aid will be available at all competitions. Dancers must be in good physical condition. Illness or injury must be reported immediately to the competition management.

6. Clothes and Props

A team is free to choose its own clothing.

It is allowed to use attributes in the choreography, but they must be cleaned up after the dance by the team itself.

Use of liquids, gel, confetti, powder or fire is not allowed.

The use of these will result in penalty points or disqualification.

7. Ethics and Safety

Dance Stars will not accept bad sportsmanship. Any contestant guilty of poor sportsmanship may be disqualified.



8. Jury & Scoring

At our regional/qualifying competitions we have a minimum of 3 judges. We have 1 head judge. Our head judge is a juror, who makes sure that everything runs smoothly.

SOLO /DUO/TRIO & TEAMS

The judges will judge the dancers on:

- ➔ Choreography 10p
- ➔ Technique 10p
- ➔ Presentation 10p

Our judges will give points for each part:

SCORING	Max Points
1. TECHNIQUE - Execution - Quality Here we assess the dance techniques you have chosen in your performance. You will be judged on the quality of your performance, portrayal and execution of the style techniques. Age group and division are also taken into account.	10
2. PRESENTATION - Confidence - Focus - Energy - Projection This is where we judge the level of your performance when you hit the floor. The confidence and focus during the performance. The projection of movements to the audience and whether the energy is palpable offstage. Even the commitment to characters if there is more of a narrative element to the performance. In short, the way a dancer brings his performance to life when he enters the stage.	10
3. CHOREOGRAPHY - Choreographic identity - Musicality - Transitions - Formations - Use of the stage - Positioning	10



<ul style="list-style-type: none"> - Synchronicity of the dance team - Dynamics and movement quality - Originality 	<ul style="list-style-type: none"> - Music choice - Use of levels - Concepts/themes 	
<p>With this criterion, we want to emphasise not only the quality of the performances, but also your creativity. Whether that is with themes and concepts for your performances or originality in your movements or even in your song choice. Another aspect of choreography we look at is musicality. Bringing the music to life in interesting ways will enrich your performance through your use of musical accents, rhythm and tempo. We also pay attention to the use of stage space while performing. The accuracy and alignment of your formations. The smoothness and flow of the dancers' transitions on and around the stage. The positioning of individual dancers to make the formations look as they should. Even the use of the entire stage. A mix of these things can really enhance a performance. Finally, the choreography you decide to perform, which does not necessarily include technique, can earn points based on the crew skills shown - synchronicity of the dancers in timing and shapes, use of different heights and levels, the quality of movement shown and the use of different dynamics in your performance. We also encourage you to explore your choreographic identity - what movements, skills, ideas give your crew its own identity? We want you to stand out by being yourself, not by trying to be like everyone else.</p>		

Then the computer will calculate the score using the skater system.

9. Penalty's

LANGUAGE

Penalty points maximum: -1 placement

Vulgar or inappropriate language in all languages may result in penalty points. This penalty point will mostly occur in the open category. (Examples: fuck, bitch, coño, nigger, shit,...). So always check the lyrics when making your mix. If you are in doubt about a certain word you can always contact us.

CLOTHES

Penalty points maximum: -1 placement

Inappropriate clothing for the age group.



MOVEMENTS

Penalty points maximum: -1 placement

Inappropriate Movements.

TIME

Perform too long. The greater the excess, the more penalty points you will receive.

- 1 placement 0-10 sec
- 2 placement 10-30 sec
- 3 placements than 30 sec

PROVIDE MUSIC

Penalty points maximum: -1 placement

Music not delivered by Wednesday 15.00 h will result in penalty points.

USE OF PROPS/ATTRIBUTES

Penalty points maximum: -1 placement

Penalty points will be given if gels, confetti, powder or fire are used.

If this causes a serious obstruction of the competition it can result in more penalty points.



10. AWARDS

The competition ends with an awards ceremony where all the winning dancers, teams are spotlighted.

The numbers 1 to 3 of all categories receive an award. For teams, an award is presented to the team as well as to all team members of that team. All results are posted on a board at the registration desk at the end of the competition and will be published on the website after the competition.

At the registration desk, the coach or team captain will receive the judges' comments after the competition.



11. RANKING

For the ranking, the qualifying competitions are taken and is calculated in the following way:

STEP 1:

The number of participants gives the number of points of the score.

So 25 participants gives a 1st place: 25 points

Last place: 1 point

STEP 2:

Extra points:

1st place: +8 points

2nd place: +6 points

3rd place: +4 points

4th place: +2 points

STEP 3:

The best 2 competitions are included in the ranking

After each competition, the ranking will be adjusted with the current results of the dancers, which can be found on our website.



12. PROMOTE

At the end of each season, the competition management will determine which teams will be promoted. This is to keep a fair and balanced competition circuit.

- ➔ Winning a BK, NK or EK (with a minimum of 5 participants) automatically promotes to the next class.
- ➔ In addition, approximately 30% of a category will be promoted to a higher category based on the total results achieved that season.

If one dances a first contest at Dance Stars, it will first be discussed with the competition management in which division one dances. Should it appear after the first competition that this does not quite fit to the level, then the competition management will decide in which division you must dance from now on.

It is not allowed to change the level without consulting the competition management.

- ➔ For example: Once one dances a higher level than beginner one cannot go back to beginner without consultation. Also not if you move up an age category.

13. QUALIFICATION

DUTCH AND BELGIAN

Each team/solo/duo and Trio from each category qualifies for the Dance Stars NK/BK by participating in at least 1 Dance Stars qualifying competition.

EUROPEAN CHAMPIONSHIP

Each team/solo/duo from each category qualifies for the Dance Stars EC by:

- If you placed 1st or 2nd at a qualifying competition.
- For Dutch dancers: The 3 best solos & duo/trio's of the NK.
- For Belgian dancers: The 3 best solos & duo/trio's of the BK.
- For Teams: The best 5 teams from the NK & BK.
- The 10 highest ranked teams and the 5 highest ranked solos and duo/trio **showcases** from each class in the season ranking; (with a minimum of 2 qualifying competitions participated)
- The 10 highest-ranked **regulars** from each class in the season rankings; (with a minimum of 2 qualifying competitions entered)
- Wild card

** Bij grote categorieën behoud Dance Stars zich het recht om meer dansers te kwalificeren voor het EK dan bovenstaande is aangegeven.

WILDCARD(S)

The organization has the right to hand out wildcards per category to teams/solos/duos/trios who they think have the right to compete at the Dance Stars European Championship despite no direct placement.

14. Deviating Rules for Europeans

There may be small differences between the rules of Dance Stars in the Netherlands and Belgium and the European Championship. So please read before participation in the European Championship the international rules.

Deviations from these rules are individually communicated to those involved or as competition information (think of a different stage) distributed.

15. The End

For questions before, during or after the event, please contact the competition director. During the event you can ask for the competition management at the registration desk.

Everything in which the rules do not provide will be decided by the competition management.

Before or after the event this can be done by mail:

info@dancestarscompetitions.com or by calling

+31620957180 (Netherlands)
